



**16 HOUR
POST-BASIC COURSE**

ACUPUNCTURE IN PREGNANCY

PRE-COURSE INFORMATION

ACUPUNCTURE IN PREGNANCY

INTRODUCTION

Traditionally Acupuncture intervention during pregnancy has been avoided in the treatment of pain and associated musculo-skeletal dysfunction, either because of the risk to the foetus or to avoid undue adverse effects to the mother.

This is two-day post-basic training course designed to introduce physiotherapists to the safe use of Acupuncture whilst managing the pregnant patient. All participants must have completed a Foundation Acupuncture Course.

The course requires ALL participants to receive and administer needling and participants should not attend the course if there are any reasons that prevent full participation.

A Health Screening form is attached. This form must be completed and handed to the tutor on the first day of the course. The form will be kept confidential by the tutor.

This course offers advanced training for participants to use Acupuncture within the management of the pregnant patient at: -

- Pre-partum
- Childbirth
- Post-partum

It incorporates both Western and Traditional Chinese Medicine [TCM] models to manage: -

- Musculo-skeletal pain
- Mild emotional dysfunction
- Systemic dysfunction

within a safe, effective management protocol.



HEALTH SCREENING QUESTIONNAIRE

All delegates are asked to complete the following form and return it with their application for the course.

Delegates are required to give and receive needling on this course and to receive needling, for demonstration purposes, from the tutor.

Answers to questions will remain confidential to the tutor on the course. This questionnaire is intended to:

- Safeguard your health and well-being during acupuncture needling
- Inform the tutor of previous health issues that may prevent needling
- Prevent any adverse effects from the needling
- Offer a safe and effective learning environment for students and tutors
- Maintain mutual respect for each other.

Student Name _____

<p>Do you know of any reason that you should not receive acupuncture needling?</p>	<p>Please state</p>
<p>Are you receiving any medication that may interact with acupuncture needling?</p>	<p>Please state</p>
<p>Are you pregnant or actively trying for a pregnancy?</p>	<p>Please state</p>
<p>Have you had any adverse effects to needles before?</p>	<p>Please state</p>
<p>I give my consent to receive acupuncture needling from the course tutor and from fellow delegates under tutor supervision.</p>	<p>Signed</p>